
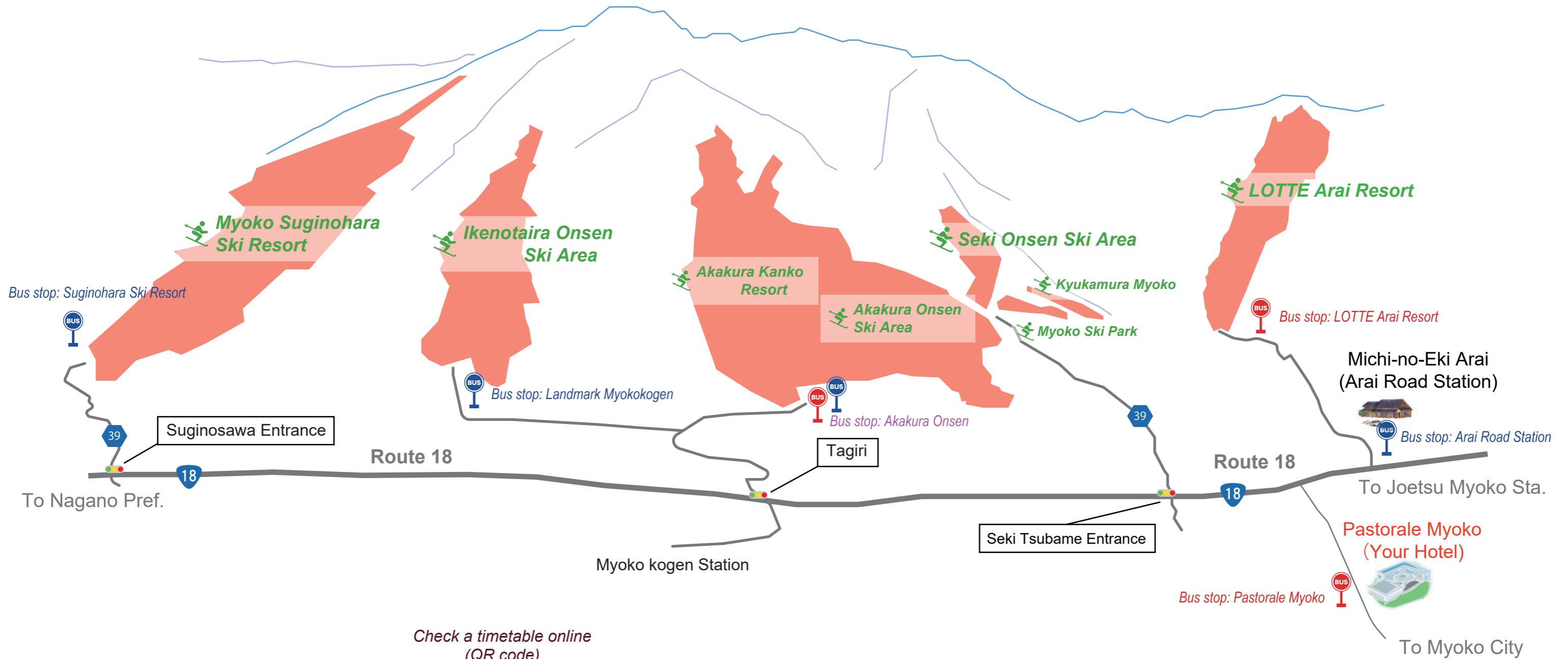


# Myoko Ski Guide

Find your best one of eight terrains in Myoko

	(from the hotel by car)		(from the hotel by car)
LOTTE Arai Resort	7.1 km, 15+ min.	Akakura Onsen Ski Area	17.1 km, 30+ min.
Myoko Ski Park	14.9 km, 20+ min.	Akakura Kanko Resort	17.8 km, 30+ min.
Kyukamura Myoko	14.9 km, 20+ min.	Ikenotaira Onsen Ski Area	19.8 km, 35+ min.
Seki Onsen Ski Area	23.0 km, 30+ min.	Myoko Suginojara Ski Resort	22.2 km, 35+ min.

 Check the other side for more info.



Check a timetable online (QR code)



 **MYOKO SHUTTLE**  
(LOTTE Arai Resort Shuttle)

 **Myoko Kogen Liner**

**IM TAXI** Tel. 025-523-3188

**POLICE** Tel. 110

**Emergency Report** Tel. 119



1966 Ryozenji, Myoko, Niigata  
Tel. 0255-75-1100



### Ticket Prices(JPY)

1 Day	Adult	6,000	PM	Adult	4,400
	6-12	3,800		6-12	2,800

<b>Elevation</b>	Base: 329 m Summit 1,280 m Vertical: 951 m	<b>Gradient</b>	Max: 46°
<b>No. of Courses</b>	15 + 8 free ride zones	<b>Night Skiing</b>	Available
<b>Longest run</b>	5,200 meters	<b>EN Support</b>	Available
<b>Lifts</b>	Gondolas: 1 Quad chairs: 6	<b>Terrain</b>	Beginner: 25% Intermediate: 45% Advanced: 30%

A perfect moment spent at slopes that boast the greatest accumulation of powder snowfall in all Japan

Enjoy skiing in an expansive area of Mt. Okenashi (Okenashiyama), coated in thick layers of snowfall. The clear view to the sea provided on fair-weather days is just another of the magical elements of these mountains. We give you the best experience possible, not to be found at any other ski resort.



## MYOKO SKI PARK

6323-4 Sekiyama, Myoko, Niigata  
Tel. 0255-82-4189



### Ticket Prices(JPY)

1 Day	Adult	2,500	4 HOUR	Adult	2,000
	U13	2,000		U13	1,500

<b>Elevation</b>	Base: 724 m Summit 860 m Vertical: 136 m	<b>Gradient</b>	Max: 15°
<b>No. of Courses</b>	2	<b>Night Skiing</b>	Not Available
<b>Longest run</b>	1,200 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Pair lifts: 1	<b>Terrain</b>	Beginner: 60% Intermediate: 40% Advanced: 0%

Myoko Ski Park is a small resort with 2 courses. It is suited to beginners and families. The slightly more advanced course cuts through the trees. The courses are not very long and the resort is suitable for those who want a more relaxed skiing experience and those who are learning. The resort is usually not crowded.

National Park Resort  
KYUKAMURA  
MYOKO

6087-10-1 Sekiyama, Myoko, Niigata  
Tel. 0255-82-3168



### Ticket Prices(JPY)

1 Day	Adult	2,500	4 HOUR	Adult	1,800
	U13	2,000		U13	1,200

<b>Elevation</b>	Base: 800 m Summit 900 m Vertical: 100 m	<b>Gradient</b>	Max: 16°
<b>No. of Courses</b>	1	<b>Night Skiing</b>	Not Available
<b>Longest run</b>	900 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Pair lifts: 1	<b>Terrain</b>	Beginner: 100% Intermediate: 0% Advanced: 0%

Kyukamura Myoko RunRun is a very small resort. It is a single small slope that is most suited for beginners and families with small children. The course is short and pretty gentle making it a good slope for first time skiers and boarders.

関 SEKIONSEN

Seki Onsen, Myoko, Niigata  
Tel. 0255-82-2316



### Ticket Prices(JPY)

1 Day	Adult	3,500	PM	Adult	2,800
	U13	2,800		U13	2,000

<b>Elevation</b>	Base: 900 m Summit 1,210 m Vertical: 310 m	<b>Gradient</b>	Max: 38°
<b>No. of Courses</b>	6	<b>Night Skiing</b>	Available
<b>Longest run</b>	1,500 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Pair lifts: 1 Single lifts: 1	<b>Terrain</b>	Beginner: 20% Intermediate: 50% Advanced: 30%

Seki Onsen is a small ski resort with just 2 lifts that is famous for having some the best snow in the whole of Japan. Seki Onsen is well known for its heavy snowfall and deep powder snow. The resort gets so much snow that it is often open until the beginning of May, long after the other resorts have all closed. The runs are usually not groomed leaving a lot of powder snow for skiers and boarders to enjoy. While there are some areas suitable for beginners this is usually a resort that more advanced skiers and boarders head to, in order to enjoy some of the world's best powder snow.



### <Akakuraonsen Ski Area>

Akakuraonsen, Myoko, Niigata  
Tel. 0255-87-2125



### Ticket Prices(JPY)

1 Day	Adult	4,800	4 HOUR	Adult	3,500
	Senior	3,800		Senior	3,000
	Junior	1,000		Junior	1,000

<b>Elevation</b>	Base: 650 m Summit 1,200 m Vertical: 550 m	<b>Gradient</b>	Max: 38°
<b>No. of Courses</b>	17	<b>Night Skiing</b>	Available
<b>Longest run</b>	3,000 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Quad chairs: 2 Triple chairs: 4 Pair lifts: 8	<b>Terrain</b>	Beginner: 50% Intermediate: 30% Advanced: 20%

Akakura Onsen Ski Resort is a huge resort made up of 3 main areas, Yodel, Kumado and Ginrei. There are plenty of different courses suitable for all levels of skier and boarder. It is connected to the neighbouring Akakura Kanko Resort and a joint pass can be purchased. Akakura Onsen is also the only resort in Myoko to offer night time skiing. The night time ski area can be found at the Kumado area on the far end of the resort (see map below). The resort has terrain parks, offers back country skiing and has child friendly areas for young children to safely play in.



### <Akakura Kanko Resort>

216 Tagiri, Myoko, Niigata  
Tel. 0255-87-2503



### Ticket Prices(JPY)

1 Day	Adult	4,300	Half Day	Adult	2,900
	U13	3,000		U13	2,000

<b>Elevation</b>	Base: 740 m Summit 1,500 m Vertical: 760 m	<b>Gradient</b>	Max: 32°
<b>No. of Courses</b>	10	<b>Night Skiing</b>	Not Available
<b>Longest run</b>	4,500 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Gondolas: 1 Quad chairs: 6	<b>Terrain</b>	Beginner: 40% Intermediate: 30% Advanced: 30%

Akakura Kanko Resort (also known as 'Akakan') was one of the first European-style ski resorts in Japan. The resort was established in 1937 and is one of the most popular resorts in Myoko. The famous Kanko hotel is situated half way up the mountain on the ski slopes and offers a true ski in ski out experience. The resort is connected with the neighbouring Akakura Onsen ski resort and a joint ticket which allows use of both courses is available for purchase. The resort has slopes that cater to all levels of ability from beginner to expert.



### <Ikenotaira Onsen Ski Area>

2457-1 Ikenotaira onsen, Myoko, Niigata  
Tel. 0255-86-2370



### Ticket Prices(JPY)

1 Day	Adult	4,000	Morning	Adult	3,000
	Senior	3,200		Senior	2,400
	U13	2,400		U13	1,800

<b>Elevation</b>	Base: 740 m Summit 1,500 m Vertical: 760 m	<b>Gradient</b>	Max: 30°
<b>No. of Courses</b>	10	<b>Night Skiing</b>	Not Available
<b>Longest run</b>	4,000 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Quad chairs: 1 Pair lifts: 5	<b>Terrain</b>	Beginner: 40% Intermediate: 45% Advanced: 15%

Ikenotaira Onsen Ski Resort is split in to two areas. The central area has a long wide slope. The bottom half of the slope is wide and reasonably gentle. This is a great slope to learn on. As the slope is so wide it never feels over crowded. Ikenotaira also has a great snow park (one of the best in Japan), and some truly huge jumps are constructed each year. The left side of the resort (Alpenblick slope) has shorter runs and more ungroomed snow as well as plenty of opportunities to get into the wooded areas and hit untouched snow.



Suginosawa, Myoko, Niigata  
Tel. 0255-86-6211



### Ticket Prices(JPY)

1 Day	Adult	4,800	4 HOUR	Adult	3,900
	Senior	4,200		Senior	3,400
	Student	4,200		Student	3,400

<b>Elevation</b>	Base: 731 m Summit 1,855 m Vertical: 1,124 m	<b>Gradient</b>	Max: 38°
<b>No. of Courses</b>	17	<b>Night Skiing</b>	Not Available
<b>Longest run</b>	8,500 meters	<b>EN Support</b>	Not Available
<b>Lifts</b>	Gondolas: 1 Quad chairs: 2 Pair lifts: 2	<b>Terrain</b>	Beginner: 40% Intermediate: 40% Advanced: 20%

Myoko Suginochara ski resort has two zones, the Suginochara Zone and the Mitahara Zone. The resort also has the longest run in Japan of 8.5km! The large resort has a variety of slopes suitable for all levels and abilities. The top of the resort has some great snow and some excellent tree runs. There is also a great ski park and half pipe. From 2016 season the resort also had snowmobiles available to ride. The resort offers free skiing for children all season long which makes it a great resort for families.